

NEW MOON IN SAGITTARIUS RITUAL

The New Moon is a time for bringing forth something new. With the Earth blocking the Sun's light, the face of the Moon completely disappears. Over the next fourteen days, it will slowly be illuminated again, growing with each passing day until the Full Moon. During this time, we're invited to begin again, to invite something new into our lives or to explore a new path. This path may be external or it may be internal. It may mean visioning a new direction for your life, taking the first step on a path you've wanted to follow, planting seeds for a long-term dream, or inviting some aspect of yourself to "be seen" more fully.

This New Moon occurs in the sign of Sagittarius. Sagittarius is the sign of faith, intuition, inspiration and expansion. In Sagittarius, we step back far enough to get a "God's-eye view" of things. In its negative expression, Sagittarius can be restless, greedy and gluttonous. It can be moralistic, when it believes it knows "the truth" and tries to force that truth upon others.

The New Moon is squared by Mars and Neptune. As the God of War, Mars is always more likely to act first and think later. He's courageous, aggressive and impulsive, acting from instinct. Neptune is both the spiritually-advanced guru and hopelessly-dependent addict of the zodiac, ruling altered states of consciousness and the collective unconscious.

This configuration is useful for expanding our collective understanding around questions of aggression, war, faith and religion. Watch for delusions, however, masquerading as moral truths. Whatever intention you set at this New Moon, you can expect to see it come to fruition when the Moon is full in Sagittarius in June, 2019.

Keywords for this cycle: Truth, expansion, intuition, enthusiasm, faith, belief, risk, greed/gluttony, laziness, travel, higher mind, higher education, publishing, will, assertion, directness, forthrightness, instinct, independence, leadership, anger, defense, confidence, frustration, war, surrender, karma, going with the flow, mysticism, altered states of consciousness, suffering, addiction, dreams, poetry, the collective unconscious, delusion.

To conduct your New Moon ritual:

1. Prepare a space.

- If you have an altar, greet your altar and honor your sacred items in the manner that feels right to you. If you don't have an altar, find somewhere comfortable where you won't be disturbed, and gather a few items to make your ritual special (such as a special rug or pillow, items to represent the four elements, crystals, stones, etc.).
- Light a candle.

2. **Perform a cleansing ritual.**

- Burn sage or diffuse essential oils to clean your space (good choices are sage, rosemary, lavender, orange, frankincense, hyssop, spikenard and palo santo).
- Play high vibrational music, strike a crystal bowl or bells, or tone with your voice. Some of my favorite choices for high vibrational music include Ashana, Jonathan Goldman and Deuter.
- Consider taking a ritual bath beforehand and dressing in white.

3. **Create sacred space.** Connect with Mother Earth and the Divine Feminine and all the earthly guides and guardians by sending love from your heart down into the earth. Connect with Father Sky and the Divine Father and all the heavenly guides and guardians by sending love from your heart up into the sky and the heavens.

If you've created your own invocations for calling in balancing energies as discussed in the [Creating Sacred Space ritual](#), speak them now. As you speak each invocation, consider lighting a candle to honor each balancing point. If you haven't written your own invocations, try these:

- I call upon light and the element of air at the east, the direction of springtime and the rising sun.
- I call upon light and fire at the south, the direction of summer and the noon-day sun.
- I call upon light and water at the west, the direction of fall and the setting sun.
- I call upon light and earth at the north, the direction of winter and midnight.

4. **Speak your intentions.** Connect with the Moon by sending a line of light from your heart up to the Moon. Recite a poem or prayer and acknowledge why you've come (such as "I come today to honor all life, and to open myself to new possibilities for growth, love, laughter, abundance and happiness, for the highest good of all concerned.") Write down a specific intention for something you'd like to create in your life or some new experience you'd like to have. (See below for a New Moon oracle spread, if you'd like some guidance.) Place your hand on your heart and speak aloud your personal intention. Place your intention on your altar or somewhere you'll see it often.

With Sagittarius, you're asked to take a risk in order to expand in some way. Sagittarius rules the thighs, hips, pituitary, liver and sciatic nerve, so pay attention to your body in these areas. Let Sagittarius inspire you and expand your sense of what's possible. Consider setting an intention in alignment with Sagittarius' energy (such as "I open to all good things," "I welcome material abundance into my life now," or "I allow God to show me what is true.").

5. **If you'd like, perform a symbolic act.** For example, if your intention is to attract more love into your life, place two stones such as a rose quartz and an amethyst into a pouch to symbolize love and coming together in relationship. If your intention is to make room for something new by letting go of something, write down what you'd like to let go of and burn the paper.

6. **Offer thanks.** Thank the elements and the directions, the Earth, the Moon, your guides, guardians, and ancestors. Extinguish your candles and end by offering your blessings "for the highest good of everyone."

Card 4

This is the help
you'll receive.

Card 1

This card
represents what
you need to let
go of.

Card 2

This is a useful
intention to hold
moving forward.

Card 3

This is what
you're working
toward in this
cycle.

Card 5

This is what you
can expect.