

The Full Moon is in Cancer on Saturday, December 22nd at 12:45 pm. At the Full Moon, things oftentimes "come to light." This may come as a sudden epiphany, or a more subtle feeling of completion or understanding. This Full Moon marks the end of the 6th month Cancer cycle that began in July at the Cancer New Moon.

Cancer is the sign of the Great Mother. She says "this is my child...she is from me and she belongs." Cancer, more than any other sign, influences your connection to your family. At her best, Cancer grants a sense of deep belonging. She can help you feel safe, secure and connected to your family or tribe. Cancer guards the inner world - your emotional depths and your subconscious. She's a deeply sensitive, water sign, ruling oceans, rivers and tears. When Cancer is well-balanced, you know who you are from the inside out, and you know how and why you belong to the greater whole. You're also deeply connected to your own inner world and can easily express your emotions.

When Cancer is distorted or unbalanced, you may experience a deep, but likely vague or inexplicable, sense of feeling "unmoored" or like you just don't quite belong. With this comes a tendency towards people-pleasing, merging, clinging to others for support or feeling over-emotional. When the world gets to be too much, Cancer withdraws into her shell like the crab, walling up in fear of having her soft insides poked.

Think back to what was getting started in your life in July at the Cancer New Moon. Whatever it was should be coming to completion now. Do you feel more or less connected to your family? How has your internal climate changed? Has your internal sense of security and belonging grown stronger? Is it easier to express how you feel?

At the Full Moon, the Sun will be in Capricorn, the sign of the Great Father. Where Cancer is soft and nurturing, Capricorn is disciplined, mature and responsible. Capricorn is concerned with achievement, contribution, ambition, recognition and respect. At the Full Moon, the Moon and Sun sit opposite each other in the sky, asking us to integrate seemingly opposite energies. Consider how you might be able to integrate your inner world of deep emotions (Cancer) with all the responsibilities and mature hard-work required by your outer world (Capricorn). When integrated, your inner sense of security and belonging becomes the foundation for showing up in the larger "tribe" of humanity in a real way. Can you be sensitive and inwardly aware (Cancer) and also disciplined and outwardly directed (Capricorn)? How can you honor your deepest internal space, while showing up in the world?

Keywords:

Safety, security, belonging, connectedness, family, tribe, mother, subconscious, emotions, inspiration from other planes, authority, maturity, responsibility, hard work, morality, ambition, achievement, recognition, respect, discipline, work, fear, difficulty

SYMBOLS FOR THIS CYCLE

The Full Moon takes place at 1 degree Cancer on Saturday, December 22nd at 12:45 pm. At the Full Moon, the Sun is in opposition at 1 degree Capricorn. The moon is aspected by Uranus at 29 Aries and Mars at 24 Pisces.

MOON - emotions/subconscious

"ON A SHIP THE SAILORS LOWER AN OLD FLAG AND RAISE A NEW ONE."

A radical change of allegiance externalized in a symbolical act: a point of no return.

REORIENTATION.

SUN - ego/conscious self

"AN INDIAN CHIEF CLAIMS POWER FROM THE ASSEMBLED TRIBE."

The power and responsibility implied in any claim for leadership. AUTHORITY.

MARS - will/instinct/defense/independence

"ON A SMALL ISLAND SURROUNDED BY THE VAST EXPANSE OF THE SEA, PEOPLE ARE SEEN LIVING IN CLOSE INTERACTION."

The need to consciously accept one's own personal limitations in order to concentrate one's energies and to live a centered and fulfilled life. CENTRALIZATION.

URANUS - freedom/originality/revolution/change

"THE MUSIC OF THE SPHERES."

Attunement to cosmic order. LISTENING TO THE INNER VOICE.

What do these symbols mean to you? How are these energies influencing your life?