When we're born into human form, most of us forget for a time that we're infinite creators. We feel alone, and life feels hard. We believe life is something that happens to us. We forget that everything that comes our way (or fails to come our way) is something that our souls have called so that they can grow and come to understand the truth of who we are.

For a time, we believe ourselves to be small. We limit ourselves in countless ways, and this is useful because it gives us a chance to explore in great depth and detail some aspect of who we are. But it's easy to get lost in that smallness, and sometimes we take it up as a shield to keep us from stepping into the fullness of who we are. We distract and protect ourselves with this smallness, reveling in struggle, in lack and in immobility, afraid of claiming the truth of who we really are.

If you're ready, claim this truth and watch how it transforms your life. Place your hand upon your heart, take a deep breath and say,

"I am a divine creator. I create my reality."